



403b NEWS

A quarterly newsletter
for Retirement Plan
Participants

Home, Health, and Hobbies -- Think Beyond Finances When Planning for Retirement

You need more than just money to live comfortably in retirement. You should also consider where you'll live, your health, and how you like to spend your time when planning for retirement.

Ensuring that you have enough income to live comfortably in retirement should be a critical goal. However, money is not the only thing you need to consider when you are planning for your retirement. To enjoy a truly satisfying retirement, you also need to focus on maintaining good health now and developing interests that can absorb your time when you are no longer working. Moreover, smart retirement planning considers where you will live. Deciding whether to stay where you are, to move elsewhere, to downsize, or to rent all require careful thought on your part. This article offers some tips on how to examine these possibilities.

WHERE TO CALL HOME

Do you intend to continue living in your present home when you retire? Or is downsizing in your future? Many retirees find that they no longer wish to deal with the trouble of maintaining a large family home. They want a simpler lifestyle and some opt to buy a house with less square footage than their current home. Others choose to rent and let someone else take care of the upkeep of their home.



You should also consider your network of family and friends as well as access to entertainment and shopping. If regular contact with family and friends is important to your quality of life, you may want to remain nearby. If dining out and attending concerts and plays are important to you, be sure that wherever you choose to live offers the leisure activities you enjoy.

HEALTH AND ACCESS TO QUALITY HEALTH CARE

Not every region is equal when it comes to health care. Some areas are well served by

hospitals, clinics, and medical specialists. Others, especially rural areas, find it hard to attract physicians and often have smaller hospitals with fewer specialist departments. Your health care needs will obviously play a big role in deciding where you want to live in retirement.

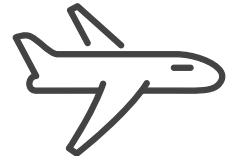


Another point to consider when thinking about where you will live is how easy it will be for you to pursue outdoor activities that you enjoy and help you stay fit. Obviously, living in warmer parts of the country means that you can walk, jog, bike, or golf most days of the year. Or if you are a winter sports enthusiast, you may prefer a colder climate.



HOBBIES AND ACTIVITIES

Planning for how you'll spend your leisure time can keep you focused and prevent you from becoming bored. Volunteering, attending classes at nearby colleges and universities, traveling, or taking day trips are just some of the many ways you can fill your post-work leisure hours. You might even be able to turn a favorite hobby into a business and make some extra money in the process. The important thing is to have a plan for retirement that keeps your mind and body occupied.



Coordinating your lifestyle goals and your financial planning can help make for a more enjoyable and fulfilling retirement. A financial professional can assist you with your planning.

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An Action Plan for Preretirees

As someone saving for their retirement, you may want to revisit your investing and financial strategies as well as your timetable for retirement in light of the financial crisis the country is experiencing. Even if retirement is still several years away, you can see how well various assumptions you may have made about retirement are holding up in light of the increased volatility in the financial markets and the number of jobs under threat as a result of the economic slowdown.

Here are some issues you should consider as a preretiree.

IS YOUR EMPLOYMENT SECURE?

Job losses have been significant and many employees have had their hours and wages reduced. While it may be difficult to assess your future job security, it may make sense in this climate to seek out additional sources of income. Do you have a skill or talent that can generate extra income? For example, can you find part-time work doing coding or bookkeeping for small businesses? The gig economy has suffered but work may be available. Save and invest what you earn from part-time work.

DO YOU HAVE AN EMERGENCY FUND?

If you don't have an emergency fund and you are still employed, consider setting aside part of your wages to fund one. This will help you deal with unanticipated expenses without having to use a credit card or borrow from your retirement plan. Try to aim for saving enough money to cover three to six months' worth of expenses.

SHOULD YOU MAXIMIZE YOUR SOCIAL SECURITY BENEFITS?

You may want to consider delaying taking Social Security benefits for as long as you can afford to do so. You can start collecting Social Security retirement benefits as early as age 62, but you won't be eligible for the full benefit amount. You also can *postpone* signing up for Social Security until after your full retirement age (FRA) -- the age at which you'll be eligible for full benefits -- in which case your benefit increases (8% per year up to age 70 for those born in 1943 or later).

FRA is based on the year in which you were born. To see how this works, assume you were born in 1960. Here are the numbers:

- Age 62: receive 70% of your monthly benefit (the minimum amount)
- Age 65: receive 86.7% of your benefit
- Age 67: receive 100% of your benefit
- Age 68: receive 108% of your benefit
- Age 69: receive 116% of your benefit
- Age 70: receive 124% of your benefit (the maximum amount)

CAN YOU SAVE MORE?

If you have a job and an emergency fund, you should try to boost the amount you save. Living below your

means involves cutting down on discretionary expenses. Look for places you can reduce your spending. And look into selling household items, jewelry, or clothes you no longer want on the online marketplace. Most online sales sites charge a small commission. Again, use any money you generate for savings or to pay down debt.

ARE YOUR INVESTMENTS SUFFICIENTLY DIVERSIFIED?

Diversification¹ is an important investing strategy that involves spreading your money among a variety of funds or portfolios that hold different investments in different asset classes. The thinking is that spreading out your investments helps you manage risk in your portfolio since one asset class may rise at the same time as another one declines. However, the severe volatility in the stock market has forced many investors to revisit how they allocated their investments. You may need to reevaluate your asset allocation¹ in light of your particular risk tolerance, time frame, and investment goals. For example, recent events may have convinced you that you are taking on more investment risk than you are truly comfortable with. You may be drawing closer to your anticipated retirement date and might want to focus on asset preservation rather than asset growth.

SHOULD YOU STOP OR REDUCE YOUR RETIREMENT PLAN CONTRIBUTIONS?

You may be tempted to preserve cash by reducing or eliminating what you contribute to your retirement plan. However, you should think carefully before doing so. The money you contribute to your plan is intended to provide for those years when you will be retired and no longer drawing a regular paycheck. You'll want your money to work 24/7 on your behalf for as many years as possible to take advantage of compounding.

REACH OUT TO A PROFESSIONAL

These are unusual and stressful times. If you think you would benefit from the input of an expert, consider contacting a financial professional.

Source/Disclaimer:

¹Diversification and asset allocation do not ensure a profit or protect against losses. Investing in mutual funds involves risk, including loss of principal. Mutual funds are offered and sold by prospectus only. You should carefully consider the investment objectives, risks, expenses and charges of the investment company before you invest. For more complete information about any mutual fund, including risks, charges and expenses, please contact your financial professional to obtain a prospectus. The prospectus contains this and other information. Read it carefully before you invest.

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